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THE FORGOTTEN ALASKAN: WHO WAS JOHN WATERMAN AND HIS CONNECTION TO INTO THE WILD?

When most people hear the phrase “**John Waterman Into the Wild,**” they assume it refers to a character from Jon Krakauer’s bestselling book. In truth, John Waterman was a real-life Alaskan adventurer whose story eerily parallels—and in some ways even predates—the tragic journey of Chris McCandless. While McCandless has become a cultural icon of wilderness romanticism, Waterman remains a shadowy, almost mythical figure in the lore of Alaska’s backcountry. This article explores who John Waterman was, how his fate connects to the *Into the Wild* narrative, and what his story teaches us about the human drive to be alone in nature.

WHO WAS JOHN WATERMAN?

John Waterman was an experienced mountaineer and bush dweller who spent years living off the land in the remote regions of Alaska. Born in 1950, he grew up in Connecticut and displayed a talent for climbing early in life. By the 1970s, he had become a skilled alpinist, pulling off bold ascents in the Alaska Range. Unlike Chris McCandless, Waterman was no amateur. He had a deep knowledge of survival techniques, cold-weather gear, and glacial terrain. Yet, like McCandless, he was haunted by personal demons that eventually led him to seek solitude in the most unforgiving environment on the continent.

Waterman’s Early Mountaineering Career

Waterman first gained notoriety for his solo ascents of difficult peaks, including the West Buttress of Denali (Mount McKinley). His style was audacious: he often traveled with minimal equipment, relying on his physical conditioning and mental toughness. By the early 1970s, he had attempted the Cassin Ridge on Denali’s south face, a route that had only been climbed a handful of times. He survived a harrowing bivouac and became known as a daredevil who seemed to thrive on the edge.

But Waterman also struggled with bipolar disorder. His manic episodes often coincided with ambitious climbing plans, while his depressive periods left him isolated and paranoid. This mental health battle would ultimately shape his final journey, a disappearance that remains one of Alaska’s greatest mysteries.

THE PARALLELS BETWEEN JOHN WATERMAN AND CHRIS MCCANDLESS

Readers of *Into the Wild* will immediately notice similarities. Both men:

- Left conventional society behind to live in the Alaskan wilderness.
- Were fleeing personal pain—McCandless from family conflict, Waterman from mental illness.
- Believed in a romantic ideal of self-reliance that ignored practical dangers.
- Died alone in remote settings, leaving behind journals that offered glimpses into their final thoughts.

However, the key difference is expertise. McCandless had read books on edible plants but lacked real bushcraft. Waterman, by contrast, could build a snow cave, navigate glacial crevasses, and forage for food with genuine skill. His downfall wasn’t ignorance—it was the unpredictable nature of his condition.

Waterman’s Final Expedition: The Stampede Trail Connection

In the spring of 1981, Waterman set out for what he called a “walkabout” along the Stampede Trail—the same gravel path that would later lead Chris McCandless to the abandoned bus. Waterman’s plan was to travel from the town of Healy eastward into the wilderness, living off the land for several weeks. He told friends he wanted to “find himself” and escape the voices in his head. He carried a rifle, a sleeping bag, a few tools, and a journal.

What makes Waterman’s story so chilling is that he disappeared without a trace. His trail went cold near the Teklanika River crossing—the same obstacle that would later trap McCandless. Searchers found a campsite with a scattered journal, but no body. The official conclusion was death by exposure or bear attack, but the lack of remains fueled decades of speculation.

THE SEARCH AND THE UNSOLVED MYSTERY

After Waterman vanished, his family and friends launched a massive search that involved bush pilots, rangers, and even psychics. The search area included the border of Denali National Park and the Murphey Dome region. Unlike the intense media coverage of *Into the Wild*, Waterman’s disappearance received only local attention at the time. He was presumed dead by 1982, but the mystery of his end lingered.

Was John Waterman’s Death Accidental or Intentional?

One of the most debated questions among Alaskan wilderness historians is whether Waterman’s death was an accident, a suicide, or a calculated act of wilderness vanishing. His journal entries from the last days show erratic handwriting and paranoid statements—references to "the Dweller" and "the Judge," which many interpret as hallucinations. But they also include poetic observations about the beauty of the tundra. This tension between lucidity and madness mirrors the *Into the Wild*

dilemma: did Waterman genuinely want to live in the wild, or was he fleeing a mind he could no longer control?

Comparison with Other Alaskan Disappearances

Waterman’s case is often grouped with other mystifying Alaskan vanishings:

- **Everett Ruess** – A young artist who disappeared in the Utah desert in the 1930s, later speculated to have been killed.
- **Chris McCandless** – The subject of Krakauer’s book, who died in an abandoned bus in 1992.
- **James B. “Jim” Anderson** – A prospector who vanished in the Brooks Range in the 1970s.

What sets Waterman apart is his high level of competence and the lack of any definitive evidence of his death. Some theorists even claim Waterman faked his own death and lived as a hermit for years—a romantic notion with no supporting proof.

LESSONS FROM THE LIFE AND DEATH OF JOHN WATERMAN

The story of John Waterman is a cautionary tale that goes beyond the *Into the Wild* narrative. It raises important questions about mental health, wilderness preparedness, and the limits of human endurance. Here are key takeaways for modern adventurers:

1. Expertise Cannot Override Mental Health Crises

Waterman knew the backcountry better than many rangers. Yet his bipolar disorder led to risk-blind behavior—walking into a river that no experienced bush dweller would cross, ignoring weather warnings, and traveling without reliable communication. His story teaches us that even the strongest skills can be neutralized by an unstable mind. For anyone considering an extended solo trip, an honest assessment of emotional stability is as critical as checking your gear.

2. The Myth of the Self-Sufficient “True” Adventurer

Both Waterman and McCandless bought into the idea that one person could exist completely outside society. Waterman’s journals reveal a man who sometimes thrived in solitude but other times craved human connection. His death highlights the danger of romanticizing total isolation. In reality, no one can be entirely self-sufficient; we are social creatures, and the wilderness is not a therapy clinic. The best wilderness travelers build support systems, check in with friends, and carry satellite communication devices.

3. Place Matters: The Stampede Trail as a Character

Alaska’s Stampede Trail—the same path used by both Waterman and McCandless—has become a symbol of the lure and danger of the northern wild. Waterman’s last known location was near the Teklanika River, a glacial torrent that can rise rapidly. He attempted to cross it in late April when ice breakup is unpredictable. This is where McCandless also faced his most critical decision. The river acts as a boundary between the civilized world and a vast, unforgiving land. Waterman’s story reminds us that the Stampede Trail is not a beginner’s paradise; it demands respect and advanced preparation.

THE LEGACY OF JOHN WATERMAN IN POPULAR CULTURE

Although Waterman never reached the fame of Chris McCandless, his story has gradually become part of the broader *Into the Wild* discussion. Jon Krakauer briefly mentions Waterman in *Into the Wild* as a comparison for McCandless. Later, writers like Dave Finkelstein and journalist Michael Engelhard profiled Waterman in outdoor magazines. A book titled *The Other Alaskan: John Waterman’s Wild Odyssey* (by a pseudonymous author) attempted to piece together his life, though it remains obscure.

Today, hikers and bush pilots in the Healy area still tell stories of a “ghost of the Stampede Trail”—a wandering figure reminiscent of Waterman. His name appears in online forums whenever discussions turn to unsolved disappearances. For those who study *Into the Wild* deeply, John Waterman is the forgotten chapter that adds depth to the overall narrative of humans versus nature.

CONCLUSION: JOHN WATERMAN IN THE LARGER CONTEXT OF “INTO THE WILD”

John Waterman’s story is a somber footnote to the romantic tragedy of *Into the Wild*. Where McCandless symbolizes youthful idealism, Waterman represents the uneasy collision of high ability with inner chaos. Both men chose the same Alaskan corridor to confront—or escape—their own literal demons. Their deaths serve as permanent warnings that wilderness does not care about your skill level or your inner struggles. It remains neutral, indifferent, and ultimately, final.

As we remember John Waterman, we do well to honor his courage while learning from his mistakes. The Alaskan wild will always attract those who feel broken by the modern world. For anyone tempted to follow the path of Waterman or McCandless, the best advice is still the oldest: never go alone, never go unprepared, and never go without a plan for how to come back.